

WHERE PASSION AND PURSUIT MEET PREPARATION

PC
*Polished*TM
CONSULTING, LLC

Sherica Hymes

THOUGHT LEADER | STRATEGIST | CHANGE
AGENT | SPEAKER | AUTHOR | SERVANT

MEDIA KIT



ABOUT SHERICA

Sherica Hymes is the Founder & C.E.O. of Polished Consulting, L.L.C., and the Total Woman Summit. Sherica graduated Cum Laude with a B.B.A. in H.R. Management and holds an Executive M.B.A. in Leadership. She is a 20+ year veteran with corporate expertise in Strategic Planning, Organizational & Leadership Development, Diversity Equity & Inclusion, Human Resources, Crisis Management, Process Optimization and Change Management. Sherica and her team specialize in transforming cultures, developing people, increasing capacity, and using data to create innovative solutions that drive for results with execution excellence. The Polished team is known for helping leaders and organizations harness the power of their Human Capital through strategic alignment, development, engagement, and equity!

As a thought leader and Executive Coach, Sherica has been described as a woman that "expands humans". As a professional and motivational speaker, Sherica captivates audiences with storytelling, infusing her unique wit and humor. She vividly paints pictures with words, often described as a "Dynamic and Motivational Force", she inspires people into action!

Sherica believes that we must live so that our impact is felt long after we have physically departed.

She is Gabriel's Mom, Jimmie & Mary's Daughter, Monica and Marcus' Sister, an Aunt, a Friend, and Servant!

THINK.DO.BE.

Email: sherica@shericahymes.com | Phone: (901) 239-0961 | shericahymes.com



Sherica believes that we must live so that our impact is felt long after we have physically departed.



Be seen serving and NOT serving to be seen!

FOUNDER & CEO



Polished Consulting, L.L.C. is certified as a Woman-Owned, Minority, Disadvantaged, Locally Owned and Small Business Enterprise.

Sherica and her team specialize in transforming cultures, developing people, increasing capacity, and using data to create innovative solutions that drive for results with execution excellence. The Polished team is known for helping leaders and organizations harness the power of their human capital through strategic alignment, development, engagement, and equity!

where passion and pursuit meet preparation

LEARN MORE



OUR MISSION IS TO EMPOWER WOMEN THROUGH EDUCATION... CONNECTION...COMMUNITY™

THE TOTAL WOMAN SUMMIT

The Total Woman Summit is about empowerment, education, enlightenment and the celebration of Women. TWS promotes "Wellness as a Lifestyle". We create safe spaces and curated events for WOMEN that unites us through shared experiences. We make self-care priority number one, advocate for collaboration over competition among women, and offer community of like-minded women.



REST . RECOVER . DREAM

OCTOBER 5 - 8, 2023

» LEARN MORE + REGISTER



1/10



8 likes
beautifulspiritedwomen This weekend @shericahymes - Founder of the @totalwomansummit felt the need in her heart to make sure @beautifulspiritedwomen had a financial blessing to put towards the operation cost to continue the service and mission of Beautiful Spirited

THOUGHT LEADER, CHANGE AGENT, & PODCAST CREATOR

Sherica has been described as a woman that "expands humans". As a professional and motivational speaker, Sherica captivates audiences with storytelling, infusing her unique wit and humor. She vividly paints pictures with words, often described as a "Dynamic and Motivational Force", she inspires people into action!



Inspiring people to dream BIGGER and to THINK differently about what they can DO.

COMMUNITY PARTNER

Sherica is an avid community partner, who lives her life's motto outloud, "be seen serving, and not serving to be seen". She has served on several boards, including the Regional One 100 Club, New Memphis Institute's Fellows Advisory Board, United Way–Women United Board Chair, and more. She currently on the Agape Executive Board of Directors. Annually she logs more than 100 volunteer hours with local agencies and non-profit organizations. She believes in leaving a company and the world around her better than how she found them.



Inspiring people to dream **BIGGER** and to **THINK** differently about what they can **DO**.

SPEAKER, PODCAST CREATOR, & CO-AUTHOR



SPEAKER


Sherica is a highly sought-after speaker, able to captivate an audience with her ability to paint pictures with her words. Focusing on her areas of expertise she motivates audience members to think beyond their boundaries and accomplish things they did not believe were possible.

KEYNOTE TOPICS:

Leading with impact, team building, women's empowerment, diversity & inclusion, employee engagement, communicating with impact, and disruptive change



STOREALITIES
By Roquita Coleman-Williams
PRESENTS



SHERICA HYMES
"FINDING MY WAY"

Find This & Other Stories By Empowering Women Designed to
Empower Women at Storealities.com



Voice Of MSCS.

SPEAKER



MODERATOR
JOYMAKER
by WUNDher



SHERICA HYMES
FOUNDER & CEO OF POLISHED CONSULTING LLC AND THE TOTAL WOMAN SUMMIT

SMALL BUSINESS RECOGNITION DAY
Virtual
COFFEE TALK 



Special Guest
SHERICA HYMES
POLISHED CONSULTING LLC

NOV 20





Ayanna Watkins
Executive Director

DIRECTOR MICHAEL COLLINS
DIRECTOR OF STRATEGIC LEADERSHIP
SHELBY COUNTY SCHOOLS



Andrea W. Stubbs, MPA
Admin. Director
HPV Cancer Prevention Program
St. Jude Children's Research Hospital

Sherica Hymes is an executive coach extraordinaire! She is methodical, insightful, and compassionate--providing both data-backed input and intuitive feedback on my professional growth journey. For me, she has been a godsend--walking alongside me as I endeavor to grow in my executive role as well as lead an organization that is thriving and having a powerful, positive impact in our community.

Sherica Hymes demonstrates the highest level of professional commitment and skill in her work. The leadership development she has done with our school leadership has proven to be invaluable. Her enthusiasm, innovativeness, initiative, knowledge of business and leadership, and dedication to coaching and developing people is exemplary.

We have a small group of skilled professionals that had been working together for less than 2 years when I first contacted, Sherica Hymes of Polished Consulting.

I wanted to bring in a professional to level set our understanding of, and be able to, fully grasp the tenants of a high performing team. Ms. Hymes's facilitation helped our team to identify behaviors that were preventing our team from approaching tasks strategically and assisted us with tools to help us work more collaboratively. These are not always easy conversations to have. However, Ms. Hymes's radical candor was the perfect compliment to already passionate team members and further solidified our path forward toward success.

CLIENT SNAPSHOT

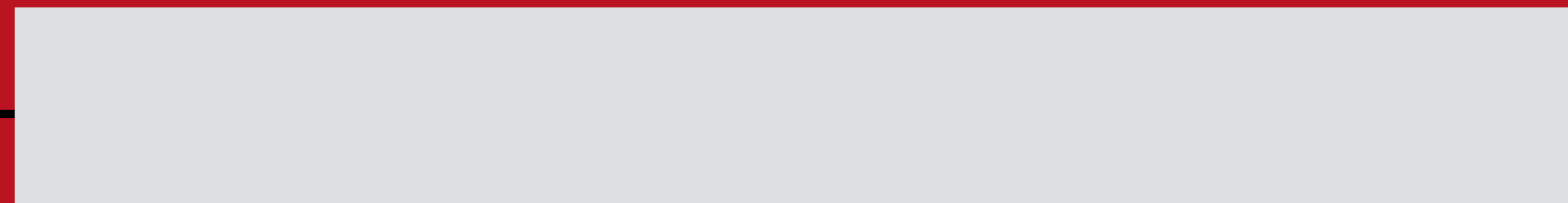
City of Memphis

Nike

Shelby County Government

Shelby County Schools

Non-Profits





LET'S CONNECT

www.shericahymes.com

(901) 239-0961

info@shericahymes.com

6025 Stage Rd. Ste. 42 -192 Bartlett TN 38134

