



Sherica Hymes

FOUNDER & C.E.O. OF POLISHED CONSULTING, L.L.C., AND THE TOTAL WOMAN SUMMIT.



Sherica Hymes is the Sherica graduated Cum Laude with a B.B.A. in H.R. Management and holds an Executive M.B.A. in Leadership. She is a 20+ year veteran with corporate expertise in Strategic Planning, Organizational & Leadership Development, Diversity Equity & Inclusion, Human Resources, Crisis Management, Process Optimization and Change Management.

Sherica and her team specialize in transforming cultures, developing people, increasing capacity, and using data to create innovative solutions that drive for results with execution excellence. The Polished team is known for helping leaders and organizations harness the power of their Human Capital through strategic alignment, development, engagement, and equity!

As a thought leader and Executive Coach, Sherica has been described as a woman that "expands humans". As a professional and motivational speaker, Sherica captivates audiences with storytelling, infusing her unique wit and humor. She vividly paints pictures with words, often described as a "Dynamic and Motivational Force", she inspires people into action!

As a native Memphian, Sherica is deeply engaged in her community. Through her philanthropic efforts, she has raised tens of thousands of dollars for non-profits while advocating for the most vulnerable in society. Through her Total Woman Summit platform, created exclusively for women, and with her partners' help, she has raised more than \$100k for causes that support women and girls. Sherica currently serves on the Agape Executive Board of Directors as the Personnel Chair, The United Way, Women United as the Board Chair, and much more. In addition, she is the co-founder and Associate Dean of the Memphis Academy of Civic Engagement.

Sherica believes that we must live so that our impact is felt long after we have physically departed. Life motto: Be seen serving and NOT serving to be seen! She is Gabriel's Mom, Jimmie & Mary's Daughter, Monica and Marcus' Sister, an Aunt, a Friend, and Servant!

Polished Consulting, L.L.C. is certified as a Woman-Owned, Minority, Disadvantaged, Locally Owned and Small Business Enterprise.

where passion and pursuit meet preparation